

Training Objectives

The *How Being Trauma-Informed Improves Criminal Justice System Responses* Train-the-Trainer event is designed to train participants on the training delivery described on the next page, as well as equip them with the skills and resources necessary in order to deliver effective trainings. The objectives of this training are to:

- Present the *How Being Trauma-Informed Improves Criminal Justice System Responses* training to participants
- Discuss and review the design, purpose, objectives, and goals of the *How Being Trauma-Informed Improves Criminal Justice System Responses* training
- Introduce, develop, and enhance training, co-training, facilitation, and public speaking skills with participants
- Help familiarize participants with the available tools and resources available to them, including:
 - The Trainer Tools available on the SAMHSA's GAINS Center website
 - Various noteworthy publications in the trauma field
- Connect participants with peers for ongoing support, collaboration, and dialogue regarding trauma-informed responses and community-based training opportunities

SAMHSA's GAINS Center has developed the *How Being Trauma-Informed Improves Criminal Justice System Responses* train-the-trainer event in order to foster the distillation of trauma-informed responses, concepts, and behaviors across the country through the development of local, certificate holding, and community-based trainers.

Training Structure and Agenda

This training is a two-day event designed to present the delivery of *How Being Trauma-Informed Improves Criminal Justice System Responses*, review the training design and tools, enhance training facilitation skills, and engage participants in practice sessions. A typical training agenda involves:

- Day 1
 - 8:30am-12:30pm: Training Delivery
 - 12:30pm-1:30pm: Lunch
 - 1:30pm-4:30pm: Review of training goals, objectives, design, and supports and resources; training skills
- Day 2
 - 8:30am-9:30am: Q&A/Presentation Skills
 - 9:30am-12:30pm: Practice/Feedback Sessions
 - 12:30pm-1:30pm: Lunch
 - 1:30pm-4pm: Practice/Feedback Sessions
 - 4pm-4:30pm: Review/Questions and Answers/Online Resources

Program Participants

The participants of the train-the-trainer event are strongly encouraged to be individuals who work in the criminal justice system with some degree of training experience. These individuals should have the capacity to conduct future trainings in their communities, and should be reflective of the target population for the training delivery, as described on the reverse. Encouraged train-the-trainer participants include:

- Court personnel
- Law enforcement, including local CIT trainers
- Community corrections (probation, parole, and pre-trial services officers)

Training Description

SAMHSA's GAINS Center for Behavioral Health and Justice Transformation, operated by Policy Research Associates, Inc. (PRA), is known nationally for its work in regard to people with behavioral health needs involved in the criminal justice system.

Overview

Although prevalence estimates vary, there is consensus that high percentages of justice-involved women and men have experienced serious trauma throughout their lifetime. The reverberating effects of trauma experiences can challenge a person's capacity for recovery and pose significant barriers to accessing services, often resulting in an increased risk of coming into contact with the criminal justice system.

Objectives

How Being Trauma-Informed Improves Criminal Justice System Responses is a training program for criminal justice professionals to:

- Increase understanding of trauma
- Create an awareness of the impact of trauma on behavior
- Develop trauma-informed responses

Trauma-informed criminal justice responses can help to avoid re-traumatizing individuals, and thereby increase safety for all, decrease recidivism, and promote and support recovery of justice-involved women and men with serious mental illness. Partnerships across systems can also help to link individuals to trauma-informed services and treatment for trauma.

Program Participants

This highly interactive training is specifically tailored to community-based criminal justice professionals including:

- Community corrections (probation, parole, and pre-trial services officers)
- Court personnel
- Police
- Other human service providers

Learning Objectives

Upon completion of this program, participants will be able to:

1. Engage in a positive interactive process
2. Feel safe and comfortable in the learning environment
3. Discuss why criminal justice system professionals should learn about trauma
4. List examples of traumatic events
5. Define trauma and vicarious trauma
6. Discuss how trauma is often ongoing for many individuals involved in the criminal justice system
7. Discuss how vicarious trauma can impact individual well-being and work performance for professionals
8. Describe the pervasive impact trauma can have on an individual's life
9. Describe how the impact of trauma can be experienced throughout life and affect various aspects of functioning and behavior
10. Describe how trauma relates to health, mental health, and substance use disorders
11. Describe how certain behaviors may reflect a person's attempt to survive
12. Discuss how a history of trauma may result in problematic behavior, poor relationships, and justice involvement
13. Describe the cycle of violence as a response to childhood physical abuse
14. List examples of individual differences that may lead to resilience or increased vulnerability to trauma
15. List four things people need in their interpersonal interaction with others: respect, information, safety, and choice
16. List approaches to responding to behavior
17. In response to "who is likely," reply with "there should be a universal assumption of trauma"
18. List and describe ways in which the criminal justice system may re-traumatize
19. Discuss how to improve policies and procedures to make them trauma-informed
20. List three key steps for moving toward trauma-informed policies and procedures