



New *Data Points* Episode Explores the Roles of Court Navigators



We've released a new episode of the *Data Points* podcast series! This episode, "Court Navigators: Linking the Legal and Behavioral Health Systems," features Research Assistants Isolynn Massey and Brandon Morrissey, JD, and Senior Research Associate Samantha Zottola, PhD. Ms. Massey, Mr. Morrissey, and Dr. Zottola share the process, findings, and future of their publication, "A National Compendium of Court Navigation Programs."

Data Points is a podcast series produced by Policy Research that translates research into key takeaways you can use to enhance your work and advance positive social change.

In this episode, the guests discuss the following:

- an overview of court navigator programs and the typical responsibilities of court navigators;
- the commonalities and differences between court navigator programs across the country;
- the benefits of court navigators for people in contact with the court system and court staff; and
- what is next for the court navigator project.

Listen to the episode and subscribe to the Policy Research podcast today! *Data Points* is available on [Apple Podcasts](#), [Spotify](#), and [Soundcloud](#).

Listen to the Episode

Read the Compendium of Court Navigation Programs

The research in this episode was made possible by the State Justice Institute. The viewpoints expressed are those of the authors and do not necessarily represent the official position or policies of the State Justice Institute.

Elan Hope Co-leads New Research Grant Studying Mental Health Benefits of Racial Justice Activism in Youth

The Ann & Robert H. Lurie Children's Hospital of Chicago and Policy Research Associates have been awarded a 5-year research grant from the National Institute on Minority Health and Health Disparities. This project will be led by Vice President Elan Hope, PhD, and Nia Heard-Garris, MD, of Lurie Children's Hospital of Chicago. Their project, "Our Voices Matter: Racial Justice Activism Intervention to Address Structural Racism and Prevent Depression in Black and Latinx Youth," will study the potential behavioral and physical health benefits of racial justice activism in teenage youth.

Elan Hope and Nia Heard-Garris
Awarded Research Grant From the
National Institute on Minority
Health and Health Disparities



"This is an exciting project and one of the first of its kind to test activism as an intervention to reduce symptoms of depression and physiological measures of stress for adolescents. Structural racism is known to cause stress and deterioration of health over time. We know early intervention with teens is key for reducing the long-term impacts of that chronic stress on mental and physical health." —Dr. Hope

To learn more about this award, the study, and the next steps, read the Lurie Children's Hospital of Chicago press release:

"Three hundred Black and Latinx teens in Chicago will be recruited to participate in the first clinical trial to measure the potential health benefits of youth-driven racial justice activism. The five-year study, funded by a \$3.8 million grant from the National Institute on Minority Health and Health Disparities, will assess whether activism can lower depression symptoms in minoritized teens, as well as alter physiological factors known to be increased with exposure to racism, such as blood pressure and markers of stress and inflammation in the blood."

Keep Reading the Press Release

Homeless and Housing Resource Center Launches Hoarding Disorder Online Course to Educate Providers



The Homeless and Housing Resource Center has launched an online course, "Introduction to Hoarding Disorder." This course teaches registrants about hoarding among people experiencing homelessness and housing instability. Enrollees will:

- review hoarding, homelessness, and housing instability;
- come to understand why hoarding is a significant concern when working with people experiencing homelessness and housing instability; and
- learn strategies to work with people experiencing this situation.

Participants who complete the course are eligible for 1.5 continuing education units. This free, self-paced course is available on demand.

Enroll in the Course

Upcoming Webinars

SMVF: Clinical Community Partnerships to Support Behavioral Health for Service Members, Veterans, and their Families

July 30, 2024, 1:00–2:30 p.m. ET

In this webinar, federal and community-based presenters will share how clinical community partners can work together to support the behavioral health needs of service members, Veterans, and their families (SMVF).

SMVF: Honoring Traditions and Cultural Practices in Healing **Celebrating and Elevating American Indian and Alaska Native SMVF Learning Series**

August 6, 2024, 2:00–3:30 p.m. ET

American Indian and Alaska Native populations have an exemplary tradition of military service and sacrifice, serving at one of the highest rates per capita of any ethnic group. This session will illustrate the power of traditions and cultural practices in healing.

HHRC: Public Housing and Serious Mental Illness: Practical Recommendations for Housing Providers

August 7, 2024, 2:00–3:30 p.m. ET

This webinar will provide an overview of serious mental illness for housing providers. Speakers will provide an overview of serious mental illness (e.g., symptoms, medication), effective policies and programs, and real-world applied scenarios/recommendations.

SOAR: Writing Effective Medical Summary Reports

August 15, 2024, 3:00–4:30 p.m. ET

SAMHSA SOAR TA Center staff will share tips for writing effective Medical Summary Reports in this webinar. Staff will focus on sections that may be more challenging and will share examples of how to make the writing experience more enjoyable.

Policy Research Near You: **August/September**

154TH CONGRESS OF CORRECTION



August 15–18 | Nashville, Tennessee

Ask the Doc Plenary

STATE OF THE STATES IN BRAIN INJURY CONFERENCE



September 16–19 | Eugene, Oregon

Colorado's Work With Brain Injury
Survivors in the Legal System

154th Congress of Correction

August 15–18, 2024, Nashville, Tennessee

Join Senior Project Associate Shannon Bader, PhD, at the American Correctional Association's 154th Congress of Correction! Dr. Bader will serve on the "Ask the Doc" plenary session and discuss trauma-informed practices for promoting rehabilitation and improving safety and security. Her session will take place on August 17 at 8:00 a.m. CT.

State of the States in Brain Injury Conference

September 16–19, 2024, Eugene, Oregon

Join Senior Project Associate Regina Huerter at the National Association of State Head Injury Administrators' (NASHIA) State of the States in Brain Injury Conference! She will moderate the "Colorado's Work With Brain Injury Survivors in the Legal System" session on September 17 at 10:15–11:15 a.m. PT.

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