



## Fresh Findings: Newly Published Research



Policy Research staff have published new articles that advance the fields of crisis care, mental health, and the criminal legal system.

**Why it matters:** Policymakers and practitioners can use the latest research to improve outcomes for the people they serve.

- [Crisis Intercept Mapping for Community-Based Suicide Prevention: An Assessment of the Crisis Infrastructure and Future Considerations for 988:](#) Within community-based mental health organizations, training on and application of evidence-based suicide risk screening, safety planning, lethal means safety,

- and follow-up care has been limited. Learn more about [Crisis Intercept Maps for Service Members, Veterans, and their Families](#), which was used in this study.
- [Patterns of Self-Reported Mental Health Symptoms and Treatment among People Booked into a Large Metropolitan County Jail](#): People screened at jail intake with symptoms or histories of mental health conditions had longer jail stays and a higher risk of rearrest than people without symptoms or histories. Learn more about the [Brief Jail Mental Health Screen](#) used in this study.
  - [Indigent Injustice: A Systematic Review and Meta-analysis of People's Criminal Legal Outcomes](#): People facing charges in the criminal legal system who are unable to secure their own counsel due to financial constraints (commonly known as indigent defendants) experience worse outcomes across all court processes than defendants who can secure counsel.
  - [Applying a Trauma-Informed Care Framework to Courtroom Practice: An Analysis of Judges' Perspectives](#): Judges shared 40 practices (e.g., leveling power differences, adjusting procedure and environment) that all judges can adopt to be more trauma-informed.

## New *Conversations on Leadership* Episode With Vice President Kristin Lupfer



Policy Research has released a new episode of its *Conversations on Leadership* podcast series featuring Vice President Kristin Lupfer, MSW.

**Why it matters:** Ms. Lupfer's leadership insights demonstrate how trust, flexibility, and life-work integration can foster a connected and resilient team.

### Episode highlights:

- **Life-Work Integration:** Underscores the importance of balancing professional and personal responsibilities and how Policy Research's flexible scheduling and strategic renewal can support those goals.

- **Trust and Flexibility:** Underpinned by the importance of trust in leading a successful team with a culture of open communication and resilience.
- **Remote Leadership:** Shares her challenges and successes from being one of Policy Research's first remote employee and leading a remote team.

**About the series:** *Conversations on Leadership* spotlights Policy Research's leaders. Guests discuss the firm's work, culture, and strategic goals.

**Listen now:** Stream the 30-minute episode to learn more about Ms. Lupfer's leadership style, and subscribe to the podcast on [Apple Podcasts](#), [Spotify](#), and [Soundcloud](#).

Listen to the Episode

## Recovery Housing: Expanding Access and Supporting Choice

A new brief from the Homeless and Housing Resource Center explains the critical role of recovery housing—homes that support individuals working toward recovery from substance use disorders—in homelessness response systems.

**Why it matters:** Recovery housing offers a safe, supportive environment, helping residents reduce substance use, increase employment, and improve relationships.

**Increase your knowledge:** Read the brief to learn why recovery housing is a crucial resource and gain strategies to find and vet these homes in your community.



### Recovery Housing: Expanding Access and Supporting Choice

SEPTEMBER 2024

When people experience or are at risk of experiencing homelessness, many look for safe, stable, and affordable housing within their communities. Some people benefit from housing that can also support them in working toward personal goals such as recovery from substance use or mental health conditions. Recovery housing, sometimes known as recovery residences, sober homes, or sober living, can help people who want to work toward substance use recovery within a supportive, homelike environment.<sup>1</sup>

To help people seeking housing, different agencies and systems collaborate to inventory and create access to available housing options, often within a HUD Continuum of Care (CoC). People in housing and homeless services roles then work with individuals to find housing within and beyond the CoC. Recovery housing is an important resource to learn about and consider as part of a homelessness response system.

This brief explains what recovery housing is, why it is an important resource within a CoC, and how housing and homeless service providers can help people find this type of housing.

#### Why is recovery housing an important housing option?

The nationwide homeless response system has emphasized housing first and harm reduction approaches to housing. This is helpful to many individuals who may not be interested in stopping substance use completely or who want the freedom to make day-to-day decisions on whether to use alcohol or drugs in their own homes.

Recovery housing is associated with decreased substance use, reduced likelihood of return to use, lower rates of incarceration, higher income, increased employment, and improved family relationships.<sup>2</sup>

However, some people prefer the safety and security of a recovery home that is abstinence-focused, meaning it does not allow active substance use. In addition to this focus, residents share a home with and



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Recovery Housing: Expanding Access and Supporting Choice | 1

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## Upcoming Webinars

**[GAINS: Medications for Opioid Use Disorder in Criminal Justice](#)**

**[Settings: Developing Partnerships Between Correctional](#)**

**[Professionals and Community-Based Providers](#)**

October 31, 2024, 2:00–3:30 p.m. ET

This webinar will explore the critical role of community partnerships in supporting individuals receiving medications for opioid use disorder within criminal justice settings.

### **[SMVF: Invisible Wounds of Service: PTSD, TBI, and Moral Injury](#)**

*November 5, 2024, 2:00–3:30 p.m. ET*

This webinar will focus on the critical issues of post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), and moral injury as they relate to service members, Veterans, and their families (SMVF). This session aims to provide valuable insights and foster a deeper understanding of these conditions.

### **[Pathways to Support: SSI/SSDI Outreach That Works](#)**

*November 7, 2024, 2:00–3:30 p.m. ET*

Join the National Council's Older Adults Interest Group for an engaging webinar featuring the leaders behind SOAR. You'll learn the key elements for establishing a successful SOAR effort.

### **[HHRC: Identifying and Addressing Behavioral Health Needs in Encampments](#)**

*November 13, 2024, 2:00–3:30 p.m. ET*

Outreach workers, community health workers, and peers are often first to notice the onset of or changes in behavioral health symptoms among people residing in encampments. This webinar will discuss core principles and engagement techniques for providers to serve as a bridge to care for mental health, substance use, and medical needs.

## Recent Stories From the Policy Research Blog



*Essential Strategies for Housing Providers: Addressing Serious Mental Illness in Public Housing*



*Key Strategies for Crafting Impactful Medical Summary Reports: Lessons From the SAMHSA SOAR TA Center*



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